

## Readers' Comments

“Dr. Scarfalloto's work breaks free from the restrictions and assumptions of other models. His work has exceeded my expectations.”

— Joel Rachelson, Ph.D., Psychotherapist

“This book gives us profound insight into one of the most fundamental features of life — the interaction of opposites.”

— William Richards, Author of *Pearls of Wisdom*

“In this book, the author tells a compelling story of how the world actually works. Dr. Scarfalloto combines mysticism and science in a way that transcends our mental pictures.”

— Michael Craig, Author of *The Logical Soul*<sup>TM</sup>

“When I’m stuck — in writing, in work, or in life — *The Dance of Opposites* helps me find my way forward. Dr. Scarfalloto offers clarity without oversimplifying, and depth without overwhelm. Each reflection is a gentle reminder that what feels like contradictions are often just two parts of the same whole, expressions of a deeper harmony. This book is a quiet, steady companion, one I return to again and again.”

— Suneel Gupta, Author of *Backable* and *Everyday Dharma*

“*The Dance of Opposites* is amazing! It is an insightful read, blending practical guidance with a spiritual perspective. If you're looking for a book that supports personal growth and inner peace, this one's worth the time!”

— L. Sandler. National Sales Leader

“*The Dance Of Opposites*, 4th edition is food for the soul. It is one of those rare gems that will have a transformational impact on me. Rich with fun parables from the authors life, this book is a delightful adventure weaving through all facet of our lives, including politics and religion. It is a deeply insightful teaching book, changing how we think and live.”

— Laura Starace, corporate sales.

# Forward

*By Robert Anton Wilson*

Every month I receive a pile of books the publishers want me to read and to comment upon. Very, very rarely do I receive one that arouses my enthusiasm as much as the present work, which manages to bring some of the most advanced concepts of Oriental and Occidental mysticism into a framework so down-to-earth that even the allegedly esoteric “unity underlying all opposites”, seems so obvious that you wonder how anyone could ever have overlooked it.

Indeed, the singular achievement of this book consists in making you understand why the human mind must overlook unity once we begin thinking at all, and why we must rediscover it if we continue thinking clearly enough and long enough. Only one other book explains so clearly why we always begin by positing polar opposites and why we must end by reconciling the opposites: G. Spencer Brown’s *Laws of Form* does this, but alas, you need some background in mathematical logic and cybernetics to understand Spencer Brown. You just need common sense and an open mind to understand Dr. Scarfalloto.

Dr. Scarfalloto begins with an enlarged Y to illustrate the bifurcation of the nervous system when the brain stem splits into the right and left-brain hemispheres. This hauntingly resembles Dr. Wilhelm Reich’s famous diagram for the bioenergetic unity under-lying biology and psychology. And that, in turn, suggests the bottom, or root, of the well-known emblem of medicine, the staff with two intertwined serpents (which appeared in the dream that inspired this book), as Dr. Scarfalloto explains.

In China, the same symbolism appears in the philosophy of the *Tao*, the cosmic energy that always manifests as the opposing forces of *yin* and *yang*.

A symbolism that appears in so many places and times does not belong in the category of “beliefs” or “concepts.” It pre-exists such front-brain abstractions. It comes, rather, from that

timeless abyss which Carl Jung called the “collective unconscious,” or from Sheldrake’s “morphic field,” or the “akashic records” of Theosophy—*i.e.*, from a level so deep that we cannot profitably consider its symbols as ideas but only as the preconditioning forms (or archetypes) out of which all of our fewer primitive images, and eventually abstract ideas, can grow.

Dr. Scarfalloto’s method of reducing all opposites to their underlying unities uses only everyday examples from ordinary human life so that anybody can understand this book. (Few can understand Jung, Sheldrake, Leary, etc.) Consider by contrast the shock tactics of Aleister Crowley: “Nothing is. Nothing becomes. Nothing is not.”

The mind whirls. If one has the taste for this kind of meta-logic, one struggles with Crowley for a long time before understanding what these Strange Loops communicate. Most people lack that taste and give up quickly. Nobody will give up on *The Dance of Opposites*, I suspect. It deals immediately and urgently with our most intimate and painful conflicts and shows us with great clarity how we got into them and how we can work our way out of them again.

A last word: this book seems too good for simple “reading.” Rather, you should keep it handy and re-read a chapter a day for a few years, until you begin to feel deeply the simple path that Dr. Scarfalloto presents.